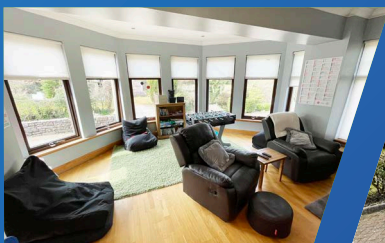




## Balgray Cottage

Rated '5 - Very Good' by the Care Inspectorate, Balgray Cottage is located on the outskirts of a village in the Garnock Valley area of North Ayrshire. The children's home provides modern and spacious accommodation for five residents aged 8 to 18 years. The range of communal spaces available for the young people to enjoy includes two large lounges, a dining room, kitchen and well-maintained gardens, with an outhouse.



### Supporting the needs of the young people

Psychological and assessment co-ordination services have a special prominence at Balgray Cottage. We support children and young people with trauma and adverse childhood experiences, as well as additional support needs. This includes an autistic spectrum disorder (ASD), pathological demand avoidance (PDA), social, emotional and mental health (SEMH) needs and child sexual exploitation (CSE).

The staff ratios at Balgray Cottage reflect the needs of the young people; we can offer 1:1 and 2:1 support, as well as a 24-hour waking service. The service also has the capacity to facilitate specialist multi-agency work, including family work and therapeutic input, in keeping with the local Child and Adolescent Mental Health Services (CAMHS).

Young people supported at Balgray Cottage have access to specialist education services provided by Radio City School, which is part of Aspris Children's Services. We also have strong links with other local mainstream and specialist external education provisions.

## Providing best practice

Balgray Cottage offers residents opportunity to participate in a wide range of creative workshops. These are conducted by a team of therapeutic counsellors, to building self-confidence and resilience. In addition, the team at Balgray Cottage offer relationship counselling through a person-centred model.

All of our staff team operate according to our mission statement and values, and are skilled in delivering healing and therapeutic techniques. These include restorative approaches, crisis counselling, addressing issues of attachment and building resilience.

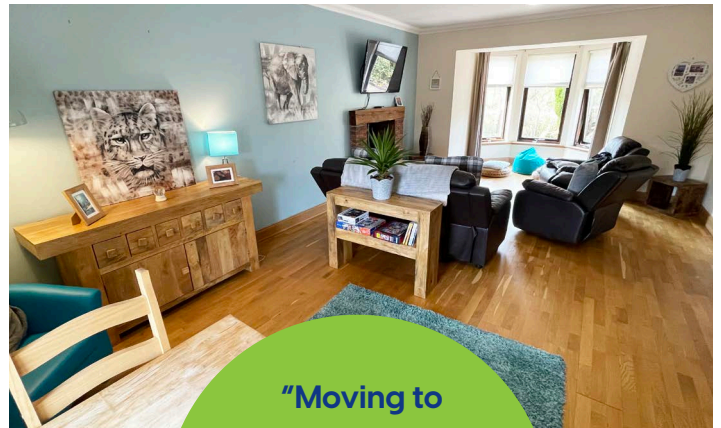


“We observed warm, loving and fun interactions between staff and young people and young people and social workers told us about the important relationships the staff built with the young people.”

Care Inspectorate

“Children and young people were kept safe by confident, knowledgeable, and well-trained staff. One young person said that Balgray Cottage was ‘a home away from home.’”

Care Inspectorate



“Moving to  
Balgray was the  
best thing that’s  
happened to him.”

Parent of a resident



## A range of activities

The extensive grounds and outbuildings allow for a host of flexible approaches to be undertaken in supporting children and young people to gain a better understanding of their true potential.

Activities in the local area include:

- Water sports at Castle Semple
- Beach walks and ferry trips to Millport and Arran
- Camping and barbeques
- Bike rides around the local cycle paths
- Extensive grounds surrounding Balgray Cottage where otters, deer and other wildlife can be found
- Horse riding activities
- Historical visits to Burns Cottage and Culzean Castle
- Swimming, trampoline and dry slope skiing
- Scouts clubs
- Boxing club in Glengarnock
- Cycling in Millport
- Football clubs in Largs
- Music and singing groups or individual tuition in Stevenston Youth Hub

## Contact us

For more information on Balgray Cottage in North Ayrshire, please contact us today.

Call: 0330 056 4467

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Website: [www.aspris.co.uk](http://www.aspris.co.uk)

Aspris Care 