



Local Procedure Title	Personal, Social and Health Education PSHE
Site	Telford
Local Procedure date	September 2023
Local Procedure review date	January 2025
Local Procedure Ratification	Checked and Approved by: Operational Director
Author	Clare Davis

<p>Importance of PSHE</p> <p>Our personal, social and health education (PSHE) programme promotes our young peoples’ personal, social and economic development, as well as their health and wellbeing. It helps to give young people the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens.</p> <p>We regard PSHE as an important, integral component of the curriculum; it is central to our approach and at the core of our ethos.</p> <p>Our PSHE curriculum is broad and balanced, ensuring that it:</p> <ul style="list-style-type: none"> ◆ Promotes the spiritual, moral, cultural, mental and physical development of our young people and of society; ◆ Prepares our young people for opportunities, responsibilities and experiences of adult life; ◆ Provides information about keeping healthy and safe, emotionally and physically; ◆ Encourages our young people to understand how all actions have consequences and how they can make informed choices to help themselves, others and the world around them.
<p>Aims of this LP</p> <p>To outline the provision in place under the three core headings of Health & Wellbeing, Relationships and Living in the Wider World to support our students to:</p> <ul style="list-style-type: none"> ● Know and understand what constitutes a healthy lifestyle. ● Know how to maintain physical, mental and emotional health and wellbeing. ● Be aware of safety issues, including how to respond in an emergency.

- Know how to manage change, including puberty, transition and loss.
- Develop and maintain a variety of healthy relationships within a range of social and cultural contexts.
- Know how to recognise and manage emotions within a range of relationships.
- Know how to recognise risky or negative relationships, including all forms of bullying and abuse, and ask for help.
- Know how to respect equality and diversity in relationships.
- Know the importance of responsible behaviours and actions.
- Be responsible and independent members of the school community.
- Be positive and active members of a democratic society.
- Know about the importance of respecting and protecting the environment.
- Develop self-confidence and self-esteem and make informed choices regarding personal and social issues.
- Develop good relationships with other members of the school and the wider community.
- Know about where money comes from, keeping it safe and the importance of managing it effectively.
- Have a basic understanding of enterprise.

Delivery & resources

PSHE is delivered in the following ways:

- ◆ Timetabled PSHE lessons
- ◆ Teaching PSHE themes through and in other subjects/curriculum areas
- ◆ Through Form time activities and School council sessions
- ◆ Pastoral care and guidance
- ◆ Visiting speakers

The school subscribes to the PSHE association and adapts its model schemes and high quality, up to date resources to ensure coverage of key areas.

Throughout their days at school, students are encouraged to develop healthy and respectful relationships with their peers and staff and to take responsibility for their own behaviour. All staff provide good role models for children and work hard to promote a safe, happy environment.

The school is a safe environment where anyone can ask a challenging question in the interests of better understanding of their place in a diverse society. We support our students to be aware of the Protected Characteristics and to understand why the Equality Act exists to protect certain groups of people.

Empathy does not come easily to many of our students, particularly those with a diagnosis of ASD, and issues of diversity and inclusion need to be revisited regularly giving concrete and familiar examples where possible.

Quality Assurance of PSHE

The Headteacher is responsible for regular review of PSHE delivery as part of our overall QA process. Monitoring checks that the offer is up to date, in line with national requirements and continues to meet our students' needs. Meetings with Subject Leads with a focus on curriculum planning and delivery take place fortnightly. Review and quality assurance happen through scheduled learning walks, observations and book looks.

Quality of RSE provision is assessed through collection of student voice before and after the RSE module, through scrutiny of resources prior to delivery and through annual observation of a selection of sessions.

Training related to PSHE

Through the PDR process, the Headteacher identifies areas for development and ensures that teachers and teaching assistants have access to training which enhances the quality of all aspects of the school's curriculum offer.

Several members of staff are required to deliver sessions of PSHE. Training is available through the PSHE association and can be arranged on request.

Process of review for this policy

This policy will be reviewed each academic year by the Headteacher and the Regional Director.

The success of this procedure will be evidenced in records of lesson observations, written work which demonstrates understanding and reflection, observations of student interactions during learning walks, progress made towards targets related to social skills and understanding of others.

The quality and impact of this procedure will also be considered externally in professionals' meetings (e.g. during consultation for placement, PEP meetings for CLA and Annual Reviews of EHCPs) which check that the curriculum offer is fit for purpose.

Local Procedure Review History:

Date Reviewed	Reviewer	Summary of revisions
Jan 2025	Clare Davis	Minor amendments only to reflect change of staffing – dedicated PSHE lead has left the school.

